

Tameside 4 Good to help young people and good causes right here in Tameside. Every penny donated is distributed to good causes across Tameside by the grant scheme. Grants of up to £500 are available to individuals between 5 – 25 who want to undertake an activity that benefits them and their community, with grants of up to £4,000 available to local community groups. These are the projects we've funded in round 6 (November 2015):



Good Cause	Area	Aim of Good Cause	Amount Awarded	Funded Activity
Families of Autistic Children Together www.factautism.org.uk	Tameside	To support families of autistic children, e.g. speech, occupational therapy, respite, sign language, and activities.	£2,400	To support young children and teenagers who are on the autistic spectrum and related conditions e.g. sensory processing difficulties, ADHD, learning difficulties, OCD, ODD. To promote wellbeing for the whole family and help the young children and teenagers learn to self-regulate when agitated and in a state of anxiety. Each child will receive communication and occupational therapy on a 1 to 1 basis with two therapists working together. Sign language training will run alongside this to give as many none verbal children with a learning difficulty a voice and communicate their needs within the family and a school.
Hurst Circle of Friends	Ashton-under-Lyne	We are set up to support older people aged 55 and over. We have between 15 – 25 older people who come to the groups. We provide various activities including speakers, information about services available in Tameside, trips out, keep fit and games. Our main aim is to provide a meeting space and activities to our members to prevent isolation and to improve their health and wellbeing.	£300	Hurst Circle of Friends Keep Fit for 12 weeks to provide exercise sessions for older people to keep them healthier.
1st Denton Girls Brigade	Denton	To teach girls life skills, educational and skills and encourage team work. Play and physical activities are also included in the programme and moral teaching.	£304	Weekend team building for girls aged eight and above. Focused on skills, education and physical activities.

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Rahmaniyyah Foundation	Ashton-under-Lyne	To improve the life chances of children and adults in the area. Services are open to all irrespective of geographical location, religion, culture or race.	£1,636	To set up Rahmaniyyah Women's Group to provide women with a sense of belonging in the community that they live in and opportunities to achieve their aspirations in life by giving them the confidence to explore options that are available to them. To help them to become active citizens who are able to contribute to society and gain skills, experience and expertise to pursue employment, volunteering or educational opportunities.
The Anthony Seddon Fund www.theanthonyseiddonfund.org	Tameside	To advance awareness and educate the general public and in particular children and young people in all areas relating to mental health and wellbeing. To improve the quality of life by promoting and protecting the physical and mental health of people affected by mental health issues and the families, friends and carers of people who have a mental health issue in Tameside and surrounding areas through support, education, practical advice and provision of financial assistance. To work alongside other organisations and agencies in meeting these objects.	£2,372	Young Person's Therapeutic Arts Project. 15 (three hour) workshop sessions with qualified and experienced professionals. The project will address a number of issues affecting people experiencing mental health problems including social isolation, personal anxiety and lack of confidence. It will also address some of the perceived stigma surrounding mental illness. Many of the centre users have no formal qualifications and so all participants will be encouraged to enter for the ASDAN Expressive Arts Short Course.
Medlock and Tame Valley Conservation Association www.medlockandtame.org.uk	Ashton-under-Lyne	To maintain a three quarter of an acre wildlife garden, bird & animal sanctuary in Ashton-under-Lyne. To advise and inform the public with regard to wildlife and campaigns on environmental issues for the benefit of the local community.	£500	Refurbishment of multi-purpose room, toilet facilities and herb garden to have schools and community groups become even more involved in conservation work. A room for study, presentations and demonstrations e.g. honey extraction. The herb garden demonstrating the importance of herbs in cooking and medicine will be an important educational resource.

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<p>Community Led Initiative www.communityled.org.uk</p>	<p>Tameside</p>	<p>To transform the lives of those who face chronic social exclusion by creating opportunities to change so they can live a fulfilling, productive and independent life.</p>	<p>£3,840</p>	<p>Stepping Stones (to recovery) To reduce the stigma that surrounds substance abuse and mental health conditions, reduce social exclusion and to upskill volunteers with lived experience of these conditions. This project will create pathways for those in recovery from substance abuse and mental health conditions to act as a source of visible hope and inspiration to others. Volunteers and potential volunteers will be trained in substance abuse awareness, mental health awareness, strengths based approaches and engagement skills. The group will hire the Wooden Canal Boat Society wellbeing boat for 2 trips to celebrate the completion of the training with the aim of creating an ongoing support network which organises recreational activities and informal peer support groups, creating a lasting asset for the benefit of Tameside residents.</p>
<p>Denton Town Twinning Association @DentonTwinning</p>	<p>Denton</p>	<p>To cultivate educational and cultural links between Denton and its twin towns in France and Germany.</p>	<p>£1,400</p>	<p>Denton Euro Festival Weekend. To support two “fringe activities” of the Denton Euro Festival: the collaboration of two Denton music groups with a German and French band resulting in two joint performances, including language lessons, and collaboration between a Denton school and a French school allowing local children to perform together and learn together.</p>
<p>CALLplus www.callplus.org.uk</p>	<p>Tameside</p>	<p>To provide home-based and outreach support to people living with cancer, strokes, heart and respiratory disease as well as families and carers.</p>	<p>£4,000</p>	<p>Being There – Tameside. To provide support for people with cancer and other life limiting illness with the involvement of specially trained volunteers managed by professional staff.</p>

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Individual	Opportunity that required funding	Amount awarded	Benefits to the community and the individual
Rhiannon Stephenson	To support her career in music by helping her to buy some equipment that she needs to continue to perform at community events and gigs. I require a portable PA system, a microphone, guitar case and stand. The equipment will also create the opportunity for her to deliver song writing workshops with youth groups in the area and help her further develop her career as an artist.	£493.99	The grant will help Rhiannon's personal professional development by giving her greater independence and more confidence. Having her own equipment will help her through her college course. It will also enable her to become more professional at gigs, events and workshops. In terms of my personal development it will give me.